

Cleveland Sage

Volume 10 Issue 3

Fall 2005



Kathleen Gips'

Village Herb Shop

17 East Orange Street
Chagrin Falls, Ohio 44022

www.villageherbshop.com

Open
Mon - Sat
10am to 5 pm

Open
Sundays 12 to 4
Nov 13—Dec 18

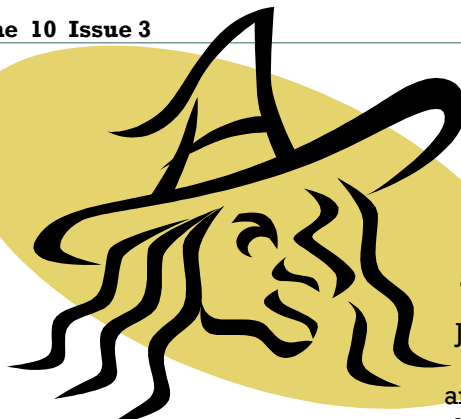
440-247-5029

Toll Free
800-836-9120

Saturday Seminar

The Haunted Herbs of Halloween

as presented by Marian Sebastiano and the Wise Woman of the Hedgerow



**Saturday,
October 22
11 am to 1 pm**

**Herbal Halloween Party with
Black Raven Blackberry Brew and
Pumpkin Dip, Spiced Pear Bread**
Wear a costume and receive a Halloween Treat!

Join the Wise Woman of the Hedgerow to learn which herbs have special powers and magical charms to protect us from Halloween mischief. Marian Sebastiano from Salt Box Gallery Herbs, Hubbard, Ohio will instruct attendees on how to make an herbal charm nosegay from herbs the Wise Woman of the Hedgerow brings. Hang this six inch herbal charm in your home for your own protection and good fortune imparted from these special plants.

**Program Including Nosegay: \$15.00
Reservations Please.**

Fall Tea Tasting Club Saturday, October 8



Did you know?
Village Herb Shop carries over 100 different flavored teas? Bags, loose, bulk, flavored, green, black, herbal, red, white.

Who? This club is for anyone interested in learning more about tea. Have you ever wondered if you would enjoy a particular flavor of tea? Now is your chance to try a variety of delicious teas.

What? The Tea Tasting Club will taste five teas at each quarterly meeting. Tastings include green, red, white, black, flavored or herbal blends. Teas of the current season will be featured. Attendees will learn the properties of teas, brewing techniques, and tips on serving tea. Each class will be filled with tea facts and tea information. Door prizes and special discounts will be offered to Tea Tasting Club attendees.

When? The club will meet once in each season: summer, fall, winter, spring. We will meet on Saturdays from 10:30 am to 12 noon.

Where? Meetings will be held in the upstairs classroom of the Village Herb Shop.

How? Ask to sign up on our Tea Tasting club roster. We will call the members two weeks prior to each tea tasting as a reminder. Reservations will be accepted for each session. Please call to reserve your place at 440-247-5029. Seating is limited.

Cost? A fee of \$5.00 will be charged at the door. Attend one tea tasting or all of them. Bring your friends.

Attend Free? Bring a tea time dessert or tea sandwiches to share and attend for free. Fill out our form with your recipe. We will include it in our Village Herb Shop Tea Time Cookbook. Please mention what you will bring at the time of your registration.

Time: 10:30 am to 12 noon
Join us to sip and savor!

Would you like to have a Tea Tasting Party for your group? Ask us!



**Winter 2006, January 21
Spring 2006, April 8
Summer 2006, July 15**

Start the Season at our

Holiday Open House Weekend



Friday, November 11
Saturday, November 12
10 am to 5 pm

Join us to celebrate the
Season and see our
Holiday Gift selection

Featuring...

Wassail
Herbal Refreshments
Herb Basket Raffle
Door Prizes

Receive a free
holiday gift
with your
purchase.
While
supplies last!

Free Program: Herbal Hints for the Holidays

by Kathleen Gips

Friday and Saturday
11:00 am

Reservations Please.

Learn how to use herbs to prepare for the coming holiday season. Taste easy-to-make herbal bread dipping blends, butters, and herbal vinegars. Clean your home for your guests with natural herbal cleaners. Try our easy recipes for simmering spices and potpourri. Nurture yourself with soothing herbal lotions, salts and aromatherapy sprays. Try an herbal microwave wrap. Keep germs away with anti-viral herbs. Stay healthy with herbal teas. Learn all our herb hints for holiday enrichment!

2005 Holiday Craft: Make a
Rosemary Flower Pot Bread Kit
Friday or Saturday \$10.00 each, includes
Rosemary Bread Mix and Flower Pot Baker.
Reservations please.



12th Annual

Victorian High Tea

Friday,
December 2

Three
seatings:
11am, 1pm
and 3pm

Join us for a formal tea
featuring herbal and edible
flower tea time sandwiches,
breads, desserts, teas and
punch. This is the Village
Herb Shop's most popular
event. Invite your friends to
begin the holiday season.

Limited Seating.

Reservations Required.

Tickets: \$18.00 each.

*(This tea will be held at our off site
location in Kathleen's Victorian Home.
High Tea Program will be given at
each seating. Map, address, and di-
rections will be sent with your ticket.)*

Victorian High Tea Tickets

May be purchased at the Herb Shop, by mail
with check: send your name, address, phone
number, number of tickets requested, seating
time requested, guests' names and payment to
Village Herb Shop or by phone with Visa/MC.

**Payment required at time of
registration.**

Make your reservations *early*. Seating is
limited. Reservations accepted after September
1. Tickets and map will be mailed to you two
weeks prior to the tea. Cancellations policy:
Refunds will be given if seats can be filled.

***Celebrate the season and
join us for tea!***



Count Down Saturdays

Visit the Herb Shop every
Saturday leading up to New
Year's. We bring new Holiday items
to our shelves every week. Join us
for a different Herbal Demonstration
each Saturday.

November 19 - *Aromatherapy
Microwave Wraps*

November 26 - *Hand Care*

December 3 - *Salt Scrubs*

December 10 - *Scenting the
Home for Holiday Happiness*

December 17 - *Herbal Dips*

Bring your friends and
relatives. Meet our Demo
and Gift Basket Holiday
Helper, Carolyn. Have her
create your gift basket.

Wassail
Refreshments



Free Carriage Rides for the Holidays

Stop in to the Village Herb Shop for your free
carriage ride tickets with any purchase. Car-
riage ride schedule, Thanksgiving to New
Year's, is available at any StepNorth merchant
and at the **Village Herb Shop**.

Holiday Hours

Monday through Sat 10—5

Sundays Nov 13—Dec 18

12 noon to 4 pm

Closed: Thanksgiving, Christmas,
New Year's Day

Closed Sundays after Dec 20

Ask for our complimentary gift bag
service for all your holiday gifts. We
also feature gift baskets for unique
gifts to everyone on your list!

Village Herb Shop Fall 2005 Herb Classes

“How To” Garden Class

Wednesday,
October 19

Learn to Prepare the herb garden for winter.

How to do a fall clean-up, and organic mulching

Class will work in the gardens at our shop. You will learn how to plant and maintain an herb garden by practicing gardening techniques. Attendees will learn the best techniques to plant, fertilize, cultivate, grow and harvest herbs. We encourage organic gardening practices. We will discuss uses of herbs and share the harvest. Come

*...A Hands-On Experience
Learn to cultivate, prune,
and harvest your
herb garden....*

dressed for gardening and prepared to work in the garden for an hour or two. After gardening, you are invited to join Kathleen for a lunch of edible flower salad and herbal bread. We will enjoy new friendships and have an informal question and answer session. This class is **FREE**, but reservations are

required so we can prepare for lunch. Class size is limited for this popular work session and learning experience. Garden work will begin at 10 am with an overview of the garden and

outline of garden tasks for the day. Attendees will then break out to work in one of the thirteen theme gardens.

Reservations Required.

Work in Gardens: 10 to 12 noon

Free Lunch for Garden Workers: 12 to 1

Herbal Pet Care Friday, October 14 10:30 am to 12 noon



Your favorite pet can also enjoy the herbs in your garden. Attendees will make a fragrant catnip mouse for their cat, a deodorizing and calming fur spray for dogs and cats, and a safe and natural “hot spot” healing crème to apply to injuries or irritations for all pets. Materials provided.



Class Fee: \$15.00

How to Register for Classes Advance registration is required. To register: Call 440-247-5029 with Visa/MC/Discover or send class title and time, name, address, phone number and check made out to Village Herb Shop. Please make reservations and cancellations as soon as possible. Classes fill quickly. All materials provided. Classes begin promptly. We do programs and workshops for private garden groups in our spacious classroom. Look at our website www.villageherbshop.com for more program and workshop topics. Call Kathleen for details and schedule.

Holiday Herbal Craft Project

Friday, November 11
Saturday, November 12



Make Rosemary Bread Kits in a Flower Pot Baking Pots to give to everyone on your holiday gift list! Assemble an easy to bake rosemary quick bread. All dry ingredients provided. Take it home in a flower pot baker. All materials and baking directions provided. \$10.00 each. Reservations

Fresh Herbal Wreath



Friday, November 18

This class has become an Herb Shop tradition. Join us to start the holiday season.

The class will make a fresh herbal wreath centerpiece for the holidays. Fragrant fresh herbs and greens fill a circular frame of oasis to create a living wreath. This attractive wreath will stay fresh and grace your table from Thanksgiving to Christmas with minimal care. All fresh herbs, greens and supplies are included. Bring scissors. *If you have extra herb cuttings from your garden bring six inch cuttings (optional).* Herbal breads and tea will be served. This is always a popular class so sign up early and join us for herbal friendship and fun. All materials provided and included in price. Class size limited to 25 per session.

Workshop Fee: \$28.00

Morning: 10 am to 12 noon

Afternoon: 1:30 pm to 3:30 pm

Call to Reserve Occasionally we have last minute class openings. Call us and we will try to accommodate you. Remember: Herb club members receive a 10% discount on all classes. Please tell us you are an Herb Club Member at time of registration. Thank you. A special Garden Club program is free in March or September 2006. Please inquire and schedule a date for your group. Workshops given for Red Hat Groups also.



Herbal Gift Baskets

Friday, December 9

Use garden herbs to make delicious dips and aromatherapy gifts for the holidays.

Attendees will make two complete herbal gift baskets to take home. The Herbal Dip Basket includes three dip mixes with serving bowl and wooden spoon. The Aromatherapy Basket for the Car includes a pulse point stress relief roll-on, an odor absorbing spicy car sachet, and Keep Alert air mist. Recipes are included

so you can make more baskets for holiday gifts. Class will fill, wrap, and tie each gift basket. Extra baskets are \$10.00 each. Reserve materials for extra baskets with your registration. Holiday refreshments will be served. Morning and afternoon sessions.

Workshop Fee: \$28.00

Morning: 10 am to 12 noon

OR

Afternoon: 1:30 pm to 3:30 pm

Cancellation Policy Cancellations one week in advance will receive a full refund. Unexpected cancellations less than one week will be given certificates for full class amount to be applied to any upcoming classes.

Winter 2006 Events and Herb Classes



We cordially request the honor of your presence at our Ninth Anniversary celebration with a program on....

The Tussie Mussie and The Language of Flowers

By Kathleen Gips

Friday, February 10, 1:00 pm

Saturday, February 11, 1:00 pm

Do you know how to communicate with flowers? Can you express your feelings with the herbs in your garden?

Kathleen will present a program about Tussie Mussies or Victorian Nose-gays just in time for Valentine's Day. Learn how to make these romantic gift bouquets and speak with flowers. Tussies make special gifts of love for brides, birthday's and anniversaries. Explore the history of herbal nose-gays, pin-on posies and the language of herbs and flowers. Kathleen will display antique posy holders from her private collection.

A fresh Tussie Mussie will be given as a door prize!

**Join us for Valentine's Day Open House:
Edible Flower Desserts
Rose Petal Tea
Tussie Mussie Program**

Free. Advance Registration Required.

Herbal Health Series Winter 2006



Defeat Cold and Flu Bugs Use Herbs To Boost Your Defense

Friday, January 27 10 am to 12 noon

The cold and flu season are here. Learn how you can boost your immune system to defend against colds. Keep colds away with a few simple ideas for prevention. Learn about the popular in cold defense herbs. Does Echinacea really work? Are herbal teas and chicken soup better alternatives? Learn when it is appropriate to use herbal remedies and treatments for children. Class will make a Stay Healthy Green Tea, an herbal hand disinfectant and a spray to kill airborne viruses and bacteria to take home. All materials included.

Class Fee: \$25.00 Reservations required.

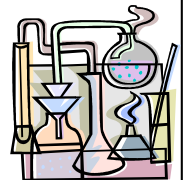
Aromatherapy 101

Thursday Evening, February 23

7 pm to 8:30 pm

Learn the essential facts about aromatherapy. Essential oils can effectively and safely heal and soothe. Would you like to feel alert and be less sleepy?, have more energy?, sleep better?, relax?, have a better memory?, be happier? Let us show you simple methods to use aromatherapy safely. Learn how to blend essential oils and use them in your every day life. Class will take home an essential oil kit including the six most used essential oils for health and well being with directions to use essential oils for aromatherapy.

Class Fee: \$25.00 Reservations required.



The Buzz on Honey Health Benefits of Herbal Honey

Saturday, March 18 10:30 am to 12 noon

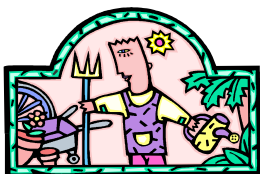
Join us to learn about the health benefits of honey. Honey is an effective wound healer with antibacterial, anti-inflammatory and antioxidant properties. Learn why local honey is right for you. Meet bee keeper Richard Botamer from Richard's Apiary in Solon, Ohio. He is a local honey grower who will tell us how honey is harvested. Taste pure local honey from a local bee keeper. Enjoy honey desserts and get Ann's tips on cooking with honey. Join us for a honey of a time! Richard's local wildflower honey will be available for tasting and purchase.

Class Fee: \$15.00 Reservations Required.

Ask the Herb Lady Roundtable Discussions

Bring Your Herb Questions!

Join us for informal discussions about herbs. Bring any questions you have about herbs. Raise questions about herb culture, harvesting, planting, uses, cooking, aromatherapy, natural cleaning, bath and body uses, etc.



We would also love to hear your herbal success stories or hints. Please share your herbal knowledge and get answers to your own herb questions. Join us for this herb show and tell. Beginners and experienced herb-lovers welcome.

**Door Prizes. Refreshments.
FREE. RESERVATIONS
PLEASE.**

Herbal Roundtable Discussion Dates

**Saturday, March 4
10:30 am to 12 Noon**

**Saturday,
June 24
10:30 am to 12 Noon**

Visit our website at www.villageherbshop.com. Keep up to date with classes and events. Register via email. Ask the Herb Lady!!

April 2006 Author Event

**Springtime Tea
with Susan Wittig Albert**

**Meet the Author of the
China Bayles Mysteries
at the Village Herb Shop**

**Tuesday
Evening
April 18
7:00 pm**

Herb lovers and mystery fans alike have enjoyed Susan's bestselling series about ex-lawyer and herbalist China Bayles. The Village Herb Shop carries the entire series. Join us for a special tea to celebrate our favorite herbal mystery author. Susan will tell us about her latest book and the most recent tales of our favorite herb shop owner, China Bayles. Tea and book signing will follow her talk.
Reservations please.



Our Herb Club customer appreciation program has generated a lot of excitement. Members are really taking advantage of the great benefits and monthly specials with their frequent trips to the shop. We hope our members will continue to enjoy their special treatment and we encourage more of you to join our Village Herb Shop Club. See all the benefits at www.villageherbshop.com. Pick up a Village Herb Shop Club brochure on your next visit.

Village Herb Shop offers special programs for Red Hat Lady Groups. For 2006 we are offering an Aromatherapy Program and Workshop for \$5.00 per person. Minimum number is 10. Please call Kathleen for details and scheduling information.



Herb Craft Of the Month

Our customers have enjoyed the convenience of learning a new craft any day of the month, so here is another six months!

Every month when you visit the Herb Shop you can learn a new herbal craft. We will teach you how to use herbs to make natural products to improve your health and home. No reservations are required. We have the craft table set up in our upstairs

*Learn a new herbal craft every month.
Collect them all.*

classroom everyday and change the craft on the first of each month. In addition to the herbal product you take home, you will also receive a recipe page to keep in your Village Herb Shop herbal crafts notebook. Join us for quick, easy herbal projects each month. All materials are included in price. Complete directions provided.

Fee: \$5.00 for craft project kit

Herbal Crafts Month-by-Month

- October:** Four Eucalyptus Sinus Bags to treat and prevent cold symptoms
- November:** Soul Soothing Bath Salts to soothe tired muscles
- December:** Cranberry Sage Vinegar for gifts and the holiday table
- January:** Eucalyptus Disinfecting Room Spray to kill airborne viruses
- February:** Fragrant Bath and Body Oil to treat and prevent dry skin
- March:** Parsley Party Dip for all festivities.
- April:** Herbal Housecleaning Vinegar

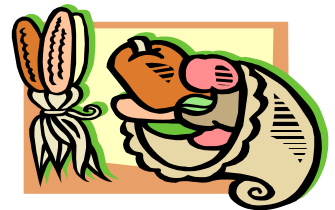
**Saturday Seminar
Herb Garden
Design Basics
April 29
10:30 am to 12 noon**



How to design, plant, cultivate, maintain, prune and harvest your herb garden
This program is suitable for those who are starting their first herb garden as well as experienced gardeners facing overgrowth and pruning challenges in their established gardens. Learn about herb garden ornaments, organic com-

posting, fragrance gardening and theme gardens. Gain ideas from our **new** herbal display gardens. We will show you our favorite garden tools and organic fertilizers. The hand-out includes a month by month herb garden care guide. Bring your herb gardening questions and challenges.
Seminar Fee: \$25.00
Advance registration required.

HERB ROUNDTABLE
Tussie Mussie Program
Herbal Health Series
GIFT BASKET CLASS
Fresh Herbal Wreath Class
Victorian High Tea
HOLIDAY OPEN HOUSE
"How to" Herb Garden Class
Herbal Pet Class
Herbal Halloween Party
Tea Tasting Club



VILLAGE HERB SHOP NEWSLETTER
 ...A STYLISH VICTORIAN HOUSE FILLED WITH HERBAL PRODUCTS, GIFTS, GARDEN ACCENTS, HOME DÉCOR...
 17 EAST ORANGE STREET
 CHAGRIN FALLS, OHIO 44022
 440-247-5029

Village Herb Shop

Calendar of Events
Fall
2005
Winter
2006



- October 8, January 21, April 8**
Tea Tasting Club
- October 14**
Herbal Pet Care Class
- October 19**
"How To" Garden Class
- November 11, 12**
Holiday Open House
- November 18**
Fresh Herbal Wreath
- December 2**
Victorian High Tea
- December 9**
Herbal Gift Basket Class

- January 27, February 23, March 18**
Herbal Health Series Classes
- February 10, 11**
Valentine's Day Tussie Mussie Program
- March 4**
Ask the Herb Lady Roundtable Discussion
- April 18**
Susan Wittig Albert Springtime Tea

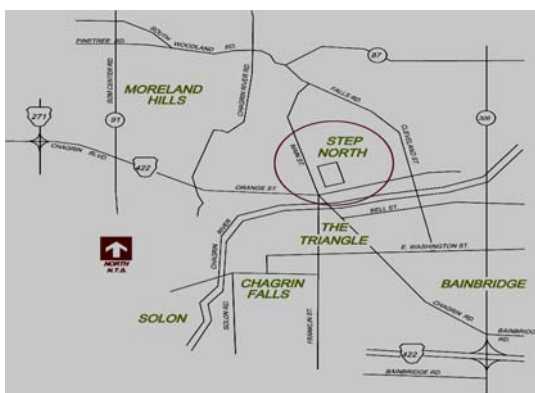
New!
Herb Craft of the month every month New!

www.villageherbshop.com

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...the Victorian house with herbal theme display gardens...

Open
 Mon thru Sat
 10 am—5 pm
 Closed Holidays
 Open Sundays
 Nov 13—Dec 18



Visit our website for herb gardening tips, a shop tour and up to date information on events and classes. Look for our "What's Happening" coupon every month. Send your herb questions to "Ask the Herb Lady."
www.villageherbshop.com
 email: villageherbshop@aol.com

Gardening Tips
 Herb Recipes
 Class
 Registration

We are part of the Stepnorth complex with parking garages in front and back of our shop!